

*Napa-Solano Psychological Association
(NSPA)*

A chapter of California Psychological Association

P.O. Box 3743
Napa, CA 94558

*January 2011
Volume 2, Issue 2*



**“Assistant Outpatient Treatment in California:
Laura’s Law”**



Date: Wed. Feb. 16

Time: 6:00 PM (networking)
6:30 PM (dinner off the menu and discussion)

Location: Gaia Hotel and Spa
3600 Broadway (Highway 29)
in American Canyon

Tanya E. Weisheit, LCSW
SF Dept of Public Health

Please RSVP if you plan to attend:
Robin Timm, Ph.D., President
robintimm@att.net

This 2-hour course presents an overview of assistant outpatient treatment in California, known as Laura’s Law. This controversial California law allows counties to implement a community-based, court-monitored outpatient treatment program. The talk will focus on review of outpatient commitment eligibility criteria, the tenets of Laura’s law, its pros and cons, discussion of the law in clinical examples, and review of options in assistant outpatient treatment.

About the Presenter: Tanya E. Weisheit, LCSW earned her bachelors in American Studies at Cornell University and a Masters of Science in Social Work, with a clinical concentration, at The University of Texas in Austin. She currently serves as the Director of Community and Court Operations for Jail Psychiatric Services that is part of the Department of Public Health in San Francisco.

Important Notice: Those who attend the workshop and complete the CPA evaluation form will receive 2 continuing education credits. Please note that APA CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits. The California Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. CPA maintains responsibility for this program and its contents.

Executive Committee 2011

President: Robin Timm, PhD

President Elect: Nancy Piotrowski, PhD

Treasurer: Judith Speed, PhD

Secretary: Cynthia Mitchell, PhD

Past President: Leslie Lessenger, PhD

CPA Rep: Markley Sutton, PhD

Web Master: Rob Wennerberg, M.A.

Disaster Response: Linda Napholz, PhD

Membership Chair: Richard Geisler, PhD

Calendar

2011

Feb. 16 “Laura’s Law”
Tanya Weisheit, LCSW
SF Dept of Public Health

March 16 Board meeting

April 20
Dinner meeting, TBA

May 18 Board meeting

June 15 “Mindfulness”
Mark Levine, MD

a Word from your President.,,

NSPA Members:

This coming year the Napa-Solano Psychological Association has scheduled a number of innovative and thought-provoking continuing education events. Our first is on "Laura's Law" and will be held on February 16, 2011 from 6:30-8:30 PM at Gaia Hotel and Spa. Our presenter, Tanya E. Weisheit, LCSW, is with the San Francisco Dept of Public Health. Later this spring, we have Dr. Michael Levine presenting on "mindfulness."

In January 2011, we had a Private Practice Forum that was attended by 11 members and guests. We discussed business details including marketing, insurance billing, caseload management, and billing software. Dr. Fred Jones was kind enough to facilitate the rousing talk. We plan to have another Private Practice Forum later this summer.

Our next board meeting is on March 16, 2011 (6:30 PM to 8:30 PM) at Gaia Hotel and Spa. In addition to other topics of interest, we will be voting on the NSPA scholarship generated by funds from our all day CE event in September 2010. Members are welcome to attend.

Robin Timm, PhD, NSPA President

Join us at...

The California Psychological Association's 22nd Join Us At...

The California Psychological Association's 22nd Annual Leadership & Advocacy Conference (LAC)

Sunday - Tuesday, March 20th - 22nd, 2011
Sacramento, California

CPA's advocacy program protects our license and scope of practice, advances our opportunities for practice and employment without discrimination, and works to preserve access to psychologists' services by the public. CPA's Leadership and Advocacy Conference trains psychologists and graduate students in the elements of CPA's advocacy program and culminates in a day of lobbying for CPA's advocacy agenda with legislators at the state capitol.

For the Sunday and Monday sessions, each chapter and division is asked to send their President/Chair and their Government Affairs Committee (GAC) Representative. Attendees who are not designated by their chapter or division will be responsible for their own lodging and a \$175 fee for attending the LAC.

The event will be held at the California State Association of Counties Conference Center (CSAC), 1020 11th Street, 2nd Floor, Sacramento, CA 95814, just inside the Pyramid Alehouse, across from the Capitol Building.

To register, go to: <http://www.cpapsych.org/>

Meet your Colleague-President



Robin Timm, PhD

1. What is your current practice in psychology?

I am a clinical neuropsychologist. I work in Sacramento at the U.C. Davis Medical Center for the Dept of Physical Medicine and Rehab/Spine Center where I provide neuropsychological assessment to patients ages 6 and up, individual adult psychotherapy and pain evaluations/treatment, and presurgical evaluations for surgeons. I am a supervisor/trainer for pre- and post-doctoral psychology students and teach a monthly didactic on spinal cord injury, back problems, and chronic pain. I also work part-time, as an on-call neuropsychologist with Sutter-Alta Bates in Berkeley where I work on both inpatient rehabilitation and outpatient.

I started a small private practice in Napa about a year ago and focus on clinical neuropsychological assessments and consultant. This includes capacity and dementia evaluations. I am currently the neuropsychological consultant for Sacramento Easter Seals and Eskaton Adult Day Health Center in Carmichael.

2. Briefly, what is your educational background?

I have a bachelor's degree in psychology from U.C. Berkeley, a master's degree in psychology from Sonoma State University, and a Ph.D. from CSPP/Alliant International University. I have been licensed in psychology since 2004 and am a certified rehabilitation counselor.

3. What interesting jobs have you had outside psychology?

During college, I worked each summer for Sunsweet Dryers where, as I like to explain it, I put the wrinkles in the plums, formerly known as prunes. After graduating from college, my first job was as a tour guide for a local dairy. I gave tours to grade school children and taught them about cows and milk production. I had to learn to hook up the milking machine to a cow's udders in order to demonstrate the process. This might have been a precursor to my work as a pet sitter/walker while I was in graduate school. I pet-sat cats, dogs, turtles, and an occasional snake (not my favorite).

4. What challenges do you see ahead for our profession?

Staying abreast of changes in the field of psychology and the health care issues that can affect, in particular, private practice ventures. We are moving towards evidence-based treatments and will need to demonstrate, in more measurable ways, our effectiveness and value as clinicians to health care systems. Another concern is technological changes. Technology changes are happening very fast, making it essential for psychologists to learn and utilize different tools in order to be efficient and competitive in today's market.

5. Why are you a member of NSPA?

Friendship, support, and community. I have learned a tremendous amount from our members.

6. Tell us one other interesting thing about you.

When I was 10-years-old, I had a pet rat named Foo-Fur. I trained him to pull a cart and wear a tiny cowboy hat.

News from CPA

CPA Board of Directors met in Los Angeles on January 21-22. Much of the discussion focused on the concept of the Director role as opposed to the Representative role. We also signed "Conflict of Interest" statements..

The treasurer's report and the budget were discussed and approved. In general, CPA is solvent but not able to involve itself in all the activities it would like. A major effort is going to be on membership growth and dual membership in chapters (such as NSPA) and CPA.. Enticing benefits include CEU's (2 each month free with the CP). Twitter and Linkdin accounts, and Health Insurance..

On concern in the future is that the Board of Psychology is no longer going to maintain the MCEP and that will be eliminated from our budget. In the future (1/1/13) you will be required to maintain your own CEU record.

The GAC (Government Affairs Committee) reviewed all the current regulations related to psychology and their position. GAC reps are available to attend an NSPA meeting in the future.

The Board adopted the position that they will only reimburse the board 1/2 of their travel (round trip flight) starting with the January meeting. They currently reimburse 1/2/ of the room for a single.

There is more to be discussed in the May web-based meeting.

Markley S. Sutton, Ph.D.

LICENSED PSYCHOLOGIST
CPA REPRESENTATIVE FOR NSPA



Check out the new look of our website!

www.napapsychologists.org

Thank you to web master Rob Wennerberg!

Don't forget — Members can list offices for rent, practice openings or changes, or job postings **FREE** in the NSPA newsletter!

Welcome to the NSPA listserve

Note: The NSPA listserve is for NSPA members only. Please see the application for membership on the next page.

Subscribing to the Listserv:

1. Go to the website http://napapsychologists.org/mailman/listinfo/members_napapsychologists.org
2. Fill in the "Subscribing to Members" section.
3. Don't forget to hit "Subscribe" when you're finished.
4. Once this is complete you have to be patient and wait. You will receive an e-mail within 24hrs from members-request@napapsychologists.org with a huge long title like... "confirm 8c0c8d7242a258fd90e8a8e0197315206c4825d0"
7. All you need to do when you get the e-mail is reply to it. The system will verify that you were not erroneously added to the list and voila! You're done.
8. If you have any trouble please do e-mail Rob Wennerberg at rob.wennerberg@napapsychologists.org

Sending an e-mail to the list:

1. To send an e-mail to the list. You just have to send an e-mail to members@napapsychologists.org the e-mail will then be sent to anyone who has subscribed.
2. All e-mails will be sent with "NSPA List (Title of e-mail)" so that if people wish to sort their e-mail into files, the e-mails from this group will always have that.
3. To respond to a post it is important to remember "reply all" will send the e-mail to the entire list "reply" will send it to just the individual that posted the comment. So be careful with this and please use back channels whenever it's not pertinent to the entire group.

Membership Application
Napa-Solano Psychological Association
A Chapter of the California Psychological Association
P.O. Box 3743, Napa, CA 94558

I am applying for: Full Membership* Associate Membership** Student Membership***

NAME: DEGREE:

OFFICE ADDRESS:

MAILING ADDRESS (if different):

Work Phone#: Home Phone #:

Cell Phone #: FAX #: E-mail

EMPLOYER: Self (Private Practice) Other::

GRADUATE SCHOOL(S): YEAR:

LICENSED? NO YES Type: License #: State: Year issued:

OTHER LICENSES:

AREA(S) OF INTEREST:

PROFESSIONAL MEMBERSHIPS: APA CPA OTHER:

Other things you would like NSPA to know about you:

(Please attach additional sheets if you run out of space.)

Annual dues are \$55.00 for Full Members, \$45 for Associate Members., and \$20 for Student Members. Please make checks payable to NSPA. Mail application and dues to the address above or give them to a member of the NSPA Executive Committee. (Although optional, a Curriculum Vitae would also be appreciated.)

Signature _____ Date _____