

Napa-Solano Psychological Association (NSPA)
A chapter of California Psychological Association

P.O. Box 3743
Napa, CA 94558

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NSPA CONTINUING EDUCATION EVENT



Susan D. Raeburn, Ph.D.

*Creative recovery:
Working with natural creativity to address addiction*

DATE: Thursday, February 16, 2012

TIME: 6:30-8:30 p.m.

LOCATION: DoubleTree/Gaia
3600 Broadway, American Canyon

Registration and socializing 6-6:30

Presentation and dinner 6:30-8:30

Fee: \$10 members, \$20 nonmembers

This talk will present an approach to working with addiction that is suitable for individuals who are naturally creative and/or engaged in careers that demand creativity. The special needs, talents, and challenges related to working with this population will be discussed. Additionally, novel approaches to treatment involving creative methods will be reviewed. Equal time will be spent on scholarly content related to defining key concepts; identifying critical challenges and special needs in this area of clinical practice; and outlining methods to address these needs and challenges.

Important Notice: Those who attend the workshop and complete the CPA evaluation form will receive 2 continuing education credits. Please note that APA CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits. The California Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. CPA maintains responsibility for this program and its contents. This course also meets the qualifications for 2 hours of continuing education credits for MFTs and LCSWs as required by the California Board of Behavioral Sciences. The Board of Registered Nurses recognizes courses given by CPA as hour for hour Category A CE.

It's time to renew your membership!

Please remember to renew if you have not done so already. You may complete an application on our website and then send in a check to the organizational mailing address – P.O. Box 3743, Napa, CA 94558. Visit www.napapsychologists.org for more information; or if you need to request a paper application, please just email us and we will send you a paper application.

Word from your President,



Nancy A. Piotrowski, Ph.D.

We look forward to seeing you Thursday February 16th for the continuing education event that will be provided by Dr. Susan Raeburn. She is a highly experienced clinician and has a very interesting practice background, working with performers and others engaged in creative endeavors. Please RSVP to NapaSolanoPA@gmail.com to let us know you plan to attend!

Please also put meeting for coffee at Gillwoods in Napa on Saturday March 10th into your calendar. Dr. Robin Timm and others will be there for a meet and greet from 8:30 – 10 a.m. It will be a simple, informal opportunity to just visit with colleagues.

A number of people have expressed interest in carpooling and/or gathering for a social event during the CPA convention in Monterey in April. If you are interested in either of these activities, please let us know and we will keep you in the loop.

We continue to have an open position for Secretary for 2012. This is a vital role for the board and we seek your participation in this role. If interested, please send an email to NapaSolanoPA@gmail.com expressing your interest. Alternatively, if you want to nominate someone for that role, or otherwise get involved in working with the board, please also use this address for that purpose.

I look forward to serving the organization and meeting each of you and getting to know you better. Please do not hesitate to be in touch with me or the other board members at any time. I would also love to hear any ideas you have for developing the chapter.

CPA Governmental Affairs Committee (GAC) Update

Rob Wennerberg, PhD

The state system has been busy considering laws that directly affect us as psychologists. With the support of local chapters, and the dedication of our colleagues at the state capitol, a full mental health parity bill AB 154 (Beall) was passed through the state assembly with a 100% partisan vote. This Bill, sponsored by democratic assemblyman Jim Beall from San Jose, would expand mental health coverage requirements to all disorders defined in the DSM-IV TR not including nicotine dependence. This would be an expansion of current law that only requires insurance companies to cover “severe mental illness.” The bill will now go before the State Senate Health Committee for further approval.

A second state bill, AB 369, also passed the assembly. That bill would bar health insurance companies from requiring lower cost medications be attempted before the prescribing doctor’s original prescription can be used. This has been seen as a negative insurance provider influence over best medical practices and has affected the field of psychology through psychiatric availability to appropriate medication options. Each of these bills still face challenges in our complex legal system but have cleared major hurdles on their way to becoming law.



Meet your Membership Chair

Richard Geisler, PhD

1. What is your current practice in psychology?

My practice is fully forensic at this time, with about 70% of my work coming from the California Department of Mental Health (DMH), about 25% from the Napa Superior Court and Napa County Mental Health, and about 5% from other private sources, such as defense attorneys, District Attorneys and various agencies (e.g., Regional Centers). I have a contract with DMH to perform Sexually Violent Predator Evaluations, which requires me to evaluate inmates in various prisons in Northern and Central California, and then to testify in court on those evaluations, if needed. I also have a contract with Napa Superior Court to perform forensic evaluations, such as competency to stand trial, state of mind assessments (i.e., the Not Guilty by Reason of Insanity defense), and other miscellaneous evaluations. My contract with Napa County Mental Health requires me to to perform conservatorship evaluations.

2. Briefly, what is your educational background?

I have a B.A. in psych from Wheaton College (Illinois), an M.A. in clinical psych from Northern Illinois University, and a Ph.D. in clinical psych from the California School of Professional Psychology - San Diego (now part of Alliant University).

3. What interesting jobs have you had outside psychology?

I've worked as a lifeguard, a night watchman for IBM, a Fuller Brush man, a cookware salesman, an assembly-line worker, a time-motion analyst for General Electric, a bartender, a "go-fer" for a Hollywood producer, a loan officer for Glendale Federal Savings, and a personnel officer for Southern California Edison. I think all of these jobs were "interesting," in that I learned important things about life from all of them - but my greatest degree of satisfaction, by far, has been as a psychologist.

4. What challenges do you see ahead for our profession?

Specialization, specialization, specialization. For example, shortly after receiving my Ph.D. in 1975, (can it be THAT long ago?), neuropsychology was still in its infant stage. You could take a couple of neuropsych workshops from Ralph Reitan (as I did) and then hang out a shingle advertising yourself as a neuropsychologist! Now, of course, a neuropsych specialty requires years of study, and neuropsych even has its own ABPP (as does forensic psychology and a bunch of other specialties). So, I would say that finding a specialty that you love and are excited about is the main challenge facing psychologists today.

5. Why are you a member of NSPA?

Because I have no life. Well, that's not totally true - I met my lovely wife via NSPA - need I say more?

6. Tell us one other interesting thing about you.

I learned how to fly airplanes about 25 years ago.

Announcements!!!

I'd like to share a one-way ride to the CPA convention in Monterey on Thursday morning, April 16. Please contact Leslie Lessenger, PhD, lh1@lessenger.net

To All members: Are you opening/moving your office?

Have you read a book that would interest your colleagues?

Is there an issue in mental health that you think needs to be addressed?

Please help me make the NSPA newsletter YOUR newsletter and send me articles! lh1@lessenger.net

CPA UPDATE

Markley Sutton, PhD



The Board of Directors of the California Psychological Association met on January 27 & 28, 2012 in Los Angeles. Napa-Solano Psychological Association is a chapter of CPA. The meeting was an exciting review of past successes and a look at future goals and objectives. After the usual business requirements the new Board and Officers for CPA were asked to agree to the responsibilities of their respective offices.

The new President (Dr. Craig Lareau) gave the opening remarks outlining his Goals for the new year:

1) Expanding CPA's communities (moving from a practice only trade organization to include all aspects of practice of the profession of psychology, 2) Health Care Reform and the new wave of integrated care, 3) Maintaining an emphasis on previous and ongoing objectives: Immigration Task Force Interdivisional Summit and collaboration Prescription Privileges Task Force

There was a brief discussion of some changes in this year's Convention in Monterey allowing for some time to spend in the city and surroundings and having the PAC dinner on Friday night. The Convention will be sporting 4 tracks: 1) Ethics, 2) Psychological consultation in Behavioral medicine, 3) Supervision, & 4) Forensic neuropsychological. Plan to attend but register soon as the rooms are being taken up rapidly!

The GAC gave their report on all of the Latest Legislative and Advocacy positions that CPA is preparing for the past, present and future proposed and pending legislation. The new Chair Dr. Dean Givens outlined the function and importance of the GAC support at the Chapter level and at the legislative level. Amanda Levy outlined the pending legislation supported or not supported by CPA. A presentation worth bringing to our Chapter.

The President and Executive Director then gave a very direct presentation on the duties and responsibilities of the Directors. Especially explained were the 1) Duty of care, 2) the Duty of loyalty and 3) the Duty of Obedience. The President (also a lawyer) was able to outline the legal aspects and responsibilities of the Directors of a "mutual benefit non-profit corporation" (such as CPA) are (especially the confusion of "representative" with "Director").

The Board approved the submitted revisions and updates to the bylaws of CPAGS, the Marin Chapter & Division 1.

Currently there is a bill to terminate the MCEP Accrediting Agency and require psychologists (like all of professions) to maintain records of required CE and be subject to a random audit at the time of relicensure. This is supported by CPA. The new language will allow you to take and count any training 1) Provided by an APA approved provider, 2) CME provider, 3) any course offered by CPA or 4) CPA approved provider. This will allow for CPA to establish 1) a CPA provider approver system to replace the MCEP and 2) CPA is considering offering a service to psychologists to maintain a copy of all CE records that you submit to be sent to the Board of Psychology. This would have a substantial impact on our budget.

We discussed the 3 day upcoming Leadership & Advocacy Conference in February in Sacramento. Sunday (sponsored by Division 1) is for the Chapter Presidents and the GAC representatives (or alternates), Tuesday is training, and Wednesday is open to all members to attend and meet their legislators.

The Board met in Executive session and at the end of executive session reported that they were pleased with the outstanding job of the Executive Director and asked the Officers to initiate discussions for an extension of her contract and her bonus for this past year.

The rest of the meeting was a continuation of the Governance Structure Task Force to develop, review and determine the essential aspects of the organization and structure of the Board of CPA. The body was divided into groups and debated or discussed essential features of the need for a competency based, knowledge based Board, the need for representation from the regions and the functions of CPA. This has been a long and winding road with many nuances. It is a look to establish CPA on the forefront of psychology in California for the next twenty years!

SAVE THE DATES!

NSPA 2012 Calendar

Thursday February 16	6:30-8:30 p.m.	Local CE Event
<i>Saturday</i> March 10	8:30-10 a.m.	Coffee in Napa!
Wednesday March 21	6:30-8:30 p.m.	Board Meeting
Thursday - Sunday April 19-22	All day	CPA Convention, Monterey
Wednesday May 16	6:30-8:30 p.m.	Local CE
<i>Saturday</i> June 9	8:30-10 a.m.	Coffee in Vacaville!
Wednesday June 20	6:30-8:30 p.m.	Board Meeting
Wednesday July 18	6:30-8:30 p.m.	Board Meeting
<i>Saturday</i> September 8	9 a.m. -4:30 p.m.	John Preston, PsyD All Day CE event
Wednesday September 19	6:30-8:30 p.m.	Board Meeting
Wednesday October 17	6:30-8:30 p.m.	Board Meeting
<i>Saturday</i> November 10	8:30-10 a.m.	Coffee in Vallejo!
Wednesday November 14	6:30-8:30 p.m.	Local CE Event
Wednesday December 19	6-9 p.m.	NSPA Holiday Party!

Most of these dates are on 3rd Wednesdays of the month; however, there are some exceptions noted in different type.

Location for all board meetings and local CE events will be at the Gaia/DoubleTree in American Canyon, CA at 3600 Broadway, unless otherwise noted. Specific addresses for all other events will be posted on the listserv and in our association newsletter. Direct questions about events to NapaSolanoPA@gmail.com

Executive Committee 2012

President: Nancy Piotrowski, PhD

President Elect: Cynthia Mitchell, PhD

Treasurer: Judith Speed, PhD

Secretary: Open

Past President: Robin Timm, PhD

CPA Rep: Markley Sutton, PhD

Web Master: Rob Wennerberg, M.A.

Disaster Response: Linda
Napholz, PhD

Membership Chair: Richard Geisler,
PhD

Newsletter Editor: Leslie Lessenger,
PhD